

Goals for today



The **CLUTTER GURU**
PROFESSIONAL ORGANIZING BY JAMIE
TheclutterGuru.Net

Day: _____

Ex: Drink _____ glasses of water today

Goals:

1 _____

2 _____

3 _____

4 _____

5 _____

Day: _____

Ex: Do something nice for someone

Goals:

1 _____

2 _____

3 _____

4 _____

5 _____

Day: _____

Ex: Check in with a friend or family member

Goals:

1 _____

2 _____

3 _____

4 _____

5 _____

Day: _____

Ex: Write someone a hand written note, and mail it

Goals:

1 _____

2 _____

3 _____

4 _____

5 _____

Day: _____

Ex: Make or eat a healthy meal

Goals:

1 _____

2 _____

3 _____

4 _____

5 _____

Day: _____

Ex: Reward myself for getting all my goals done, chocolate?

Goals for tomorrow:

1 _____

2 _____

3 _____

4 _____

5 _____